



Public Services & Community Resources for People with Disabilities

State Council on Developmental Disabilities

Area Board XI

January 2008



Agencies and Services

- Case management and related services
 - Regional Center of Orange County (RCOC)
 - Department of Rehabilitation
 - Dayle McIntosh Center
- Special education
 - School district services



Agencies and Services

- Health-related services and therapies
 - California Children's Services (CCS)
 - In Home Operations EPSDT shift nursing
 - Medi-Cal insurance (CalOptima)
 - Orange County Health Care Agency, Adult Mental Health Services (AMHS)



Agencies and Services

■ Financial resources

- ☐ Supplemental Security Income (SSI)
- ☐ In-Home Supportive Services (IHSS)
- ☐ Housing and Urban Development (HUD) Section 8 program

■ Legal resources

■ Advocacy resources



Regional Center of Orange County (RCOC)

Case Management and Related
Services



Regional Center of Orange County

- Non-profit contracted by the California Department of Developmental Services (DDS)
- Provides services and supports for
 - eligible infants and toddlers (through age 36 months) at risk of developing a developmental disability or with a significant developmental delay, and
 - individuals with developmental disabilities throughout the life span
- Services and supports are provided based on an individualized plan
 - Individualized Family Service Plan (IFSP) (Early Start)
 - Individual Program Plan (IPP) (Lanterman)
- Primary agency responsible to provide services for qualifying individuals
 - Regional centers are always the payor of last resort



Regional Center of Orange County

- RCOC eligibility under the California Early Start Program and the Lanterman Act (on-going)
 - California Early Start ages 0 to 3
 - High risk of parenting an infant with a developmental disability
 - “High risk infant” defined as an individual whose genetic, medical, or environmental history is predictive of a substantially greater risk for developmental disability (WIC 4642)
 - Must be substantially impacting (substantial disability – 17 CCR §54001)
 - Lanterman Services (on-going) ages 3 +
 - Must have documented developmental disability that originated prior to age 18 and is likely to continue indefinitely
 - Autism, Mental Retardation, Cerebral Palsy, Epilepsy, Fifth Category
 - Must be substantially impacting (substantial disability – 17 CCR §54001)



Some Services Available Through RCOC Early Start (Ages 0 to 3)

- ☐ Assistive technology
- ☐ Audiology
- ☐ Family training, counseling,
and home visits
- ☐ Health services
- ☐ Medical services for
diagnostic/evaluation
purposes only
- ☐ Nursing services
- ☐ Nutrition services
- ☐ Occupational therapy
- ☐ Physical therapy
- ☐ Psychological services
- ☐ Respite care
- ☐ Service coordination (case
management services)
- ☐ Social work services
- ☐ Special instruction
- ☐ Speech and language
services
- ☐ Transportation and related
costs
- ☐ Vision services



Some Services Available Through RCOC Lanterman (Ages 3 +)

- Adult day program
 - typically after high school graduation
- Adult day program support services
 - additional staff to maintain individual in existing program or to assist with transition into a new program
- Adult Family Home Agency (AFHA)
- Behavior intervention services
- Crisis intervention services
- Day care
 - typically to age 18 only
- Durable and nondurable medical equipment
 - diapers, wheelchair, walker, van lifts, eating aids
- Family or individual counseling
- Independent or supported living services
 - staff help in individual's own apartment (adult only)



Some Services Available Through RCOC Lanterman (Ages 3 +)

- Licensed residential services
 - room and board, community care facilities, health care facilities
- Licensed residential support services
- Medical and dental services
- Parenting classes
 - for consumers who are parents
- Personal assistance
 - typically used in lieu of a day program
- Psychological assessments
 - for adults only
- Respite care
 - including day or week camps
- Supported employment
- Special education clinic referrals for advocacy (Whittier Law School & Pepperdine Law School)
- Transportation services
 - typically for adults only



RCOC Contact Information

- Regional Center of Orange County (RCOC)
- 801 Civic Center Drive West
Santa Ana, CA 92705
- Reception desk: (714) 796-5100
- Intake department: (714) 796-5354
- www.rcocdd.com



Regional Center of Orange County (RCOC)

Administrative Offices

801 Civic Center Drive West

Santa Ana, CA 92701

- Main Reception desk: (714) 796-5100
- Intake department: (714) 796-5354
- Website - www.rcocdd.com



Department of Rehabilitation

Case Management and Related
Services



Department of Rehabilitation

- Provides vocational rehabilitation and related services for individuals with disabilities
 - Disability must impact the individual's ability to obtain/retain employment
 - Services are short-term
 - Regional centers provide habilitation services (permanent, on-going) as of July 1, 2004
- Assists in obtaining and retaining employment
- Funds for 29 independent living centers throughout California



Services Available Through Department of Rehabilitation

■ Vocational Rehabilitation Services

- ☐ Counseling, guidance, referrals
- ☐ Job search and placement assistance
- ☐ Vocational and on-site training services
- ☐ Diagnosis and treatment of physical and mental impairments
- ☐ Transportation, if needed
- ☐ On-the-job or personal assistance services
- ☐ Interpreter services
- ☐ Rehabilitation and orientation/mobility services for those with vision impairments
- ☐ Occupational licenses, tools, equipment, initial stocks and supplies
- ☐ Technical assistance for self-employment
- ☐ Rehabilitation assistive technology
- ☐ Supported employment services



Services Available Through Department of Rehabilitation

- Business Enterprise Program (BEP)
 - For individuals with vision impairments
 - Created through federal legislation, Randolph-Sheppard Act of 1936
 - Goal is for individual becoming an independent food service professional
 - Provide training in the operation of
 - Cafeterias
 - Vending stands
 - Snack bars



Services Available Through Department of Rehabilitation

■ Deaf and Hard of Hearing Services

- ☐ Rehabilitation Counselors are proficient in ASL
- ☐ Communication techniques
- ☐ Assistive listening devices and other rehabilitation technology
- ☐ Interpreter services
- ☐ Referrals and assistance to obtain services from specialized agencies
- ☐ Specialized vocational and other training services
- ☐ Audiologic and hearing aid assessments
- ☐ ADA requirements for communication accessibility
- ☐ Resources for hard of hearing and late-deafened individuals



Department of Rehabilitation Contact Information

- Department of Rehabilitation (4 locations)

- www.dor.ca.gov

- Anaheim District Office

- 222 South Harbor Blvd., Suite 300
Anaheim, CA 92805
 - Phone: (714) 991-0800

- Fountain Valley

- 10540 Talbert Avenue, Suite 250 West Building
Fountain Valley, CA 92708
 - (714) 593-5678



Department of Rehabilitation Contact Information

■ Department of Rehabilitation (4 locations)

□ Laguna Hills

- 24012 Calle De La Plata, Suite 220
Laguna Hills, CA 92653
- Phone: (949) 598-7942

□ Santa Ana

- 1221 East Dyer Road, Suite 265
Santa Ana, CA 92705
- Phone: (714) 662-6030



Dayle McIntosh Center

Case Management and Related
Services



Dayle McIntosh Center

- Independent Living Center funded by the Department of Rehabilitation
- Largest center in California whose staff and board are composed of over 50% people with disabilities
- Mission to advance the empowerment, equality, integration, and full participation of people with disabilities in the community
- Provides an abundance of services



Services Available Through Dayle McIntosh Center

- Advocacy
- Aging with vision loss (for ages 55 +)
- Assistive technology (AT)
 - Help research AT options and identify potential funding sources
 - Assist in obtaining professional AT assessment and training in using and maintaining equipment
- Client assistance program (CAP)
 - Advocacy
- Core independent living skills training
 - Instruction provided in small group settings focusing on money management, housekeeping, cooking, shopping, and personal care



Services Available Through Dayle McIntosh Center

- Deaf services
 - ☐ Interpretation
 - ☐ Employment
 - ☐ Independent Living
- Housing
 - ☐ Housing registry, referrals, and information on rental subsidy and structural modifications
- Information and referral
- Peer support



Services Available Through Dayle McIntosh Center

- Personal assistant registry
 - ☐ For individuals interested in hiring a personal attendant
- Sign Language interpreting
- Transition services
 - ☐ For transition from nursing care homes back into the community
- Vocational services
 - ☐ Job development
 - ☐ Vocational service coordination



Dayle McIntosh Center Contact Information

- Dayle McIntosh Center (2 locations)
- www.daylemc.org
 - Main Center
 - 13272 Garden Grove Blvd.
Garden Grove, CA 92843
 - Phone: (714) 621-3300
 - TTY: (714) 663-2087
 - South County Branch
 - 24012 Calle de la Plata, Suite 110
Laguna Hills, CA 92653
 - Phone: (949)855-6749
 - TTY: (949)855-6749

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Special Education Services



Special Education Services

- Students can receive related services funded by the school district provided that the assessment confirms the need
 - GC 7572 - “child shall be assessed in all areas related to the specific disability”



Special Education Services

- Related services include, but are not limited to:
 - ☐ Speech therapy
 - ☐ Physical therapy
 - ☐ Occupational therapy
 - ☐ Vision therapy
 - ☐ Adapted physical education
 - ☐ Assistive technology
 - ☐ Transportation
 - ☐ 1:1 Aide (shadow aide)
 - ☐ Shared aide (1:2)
 - ☐ Social skills training



Special Education Services

■ Least Restrictive Environments

- California Education Code §56040.1 – each agency shall ensure that children with special needs are educated with their typical peers “to the maximum extent appropriate”
- California Education Code §56360 – each agency shall ensure that the continuum of placement options are available and considered



Special Education Services

- Continuum of placements
 - ☐ General Education / Full Inclusion
 - ☐ Resource Specialist Program (RSP)
 - ☐ Special Day Class (SDC)
 - ☐ County
 - ☐ Non-Public School (NPS)
 - ☐ Home/Hospital
 - ☐ Residential Treatment Facility (RTF)
 - ☐ Lock-Down Facility



California Children's Services (CCS)

Health-Related Services and
Therapies



California Children's Services

- Managed by the Department of Health Care Services
- Treats children with certain physical disabilities and chronic health conditions
- Maximize functioning potential for those with significant physical disabilities
- Help families obtain medical care and therapies to maximize their children's health



California Children's Services

- Primary eligibility criteria
 - Under 21 years of age
 - Has a physical disability or chronic medical condition
 - California resident (Orange County resident)
 - Family adjusted gross income less than \$40,000 per year or
 - Family adjusted gross income more than \$40,000 per year with out-of-pocket eligible medical expenses expected to exceed 20% of family income



Services Available Through California Children's Services

- Diagnostic evaluation
 - If child is highly suspected of having a CCS eligible condition
- Medical services
 - Must be seen by CCS-contracted specialist
 - May fund services not covered by Medi-Cal
 - Necessary for the treatment of the CCS-eligible condition



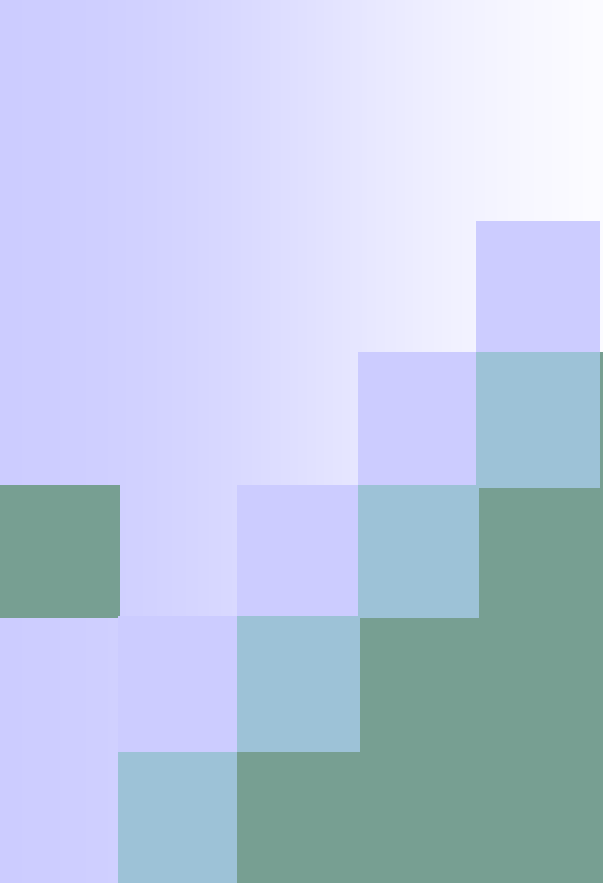
Services Available Through California Children's Services

- Physical and occupational therapy
 - Provided in Medical Therapy Units (MTU)
 - Typically located on public school campuses
 - Maximize functional skills, such as feeding, dressing, walking, wheelchair mobility, etc.
- Case management services
 - Referrals to specialists and centers
 - Coordinate with schools and involved agencies
 - Authorize medical care



California Children's Services Contact Information

- California Children's Services
- <http://www.ocalthinfo.com/public/ccs/>
 - Orange County website for local CCS
- <http://www.dhs.ca.gov/pcfh/cms/ccs/>
 - State of California website for CCS
- CCS Office - 200 West Santa Ana Blvd., Suite 100
Santa Ana, CA 92701
- Phone: (714) 347-0300



Early Periodic Screening, Diagnosis, and Treatment Program (EPSDT)

Health-Related Services and
Therapies



Early Periodic Screening, Diagnosis, and Treatment Program (EPSDT)

- Federally-mandated Medicaid benefit that offers comprehensive and preventive child health programs
- Services only rendered in person's own home
 - Services enable a person to live in their own home versus institution or hospital placement
- Diagnostic and treatment services only provided if condition can be improved with intervention.
- In-Home Operations (IHO) determines eligibility, services, and authorizations



Early Periodic Screening, Diagnosis, and Treatment Program (EPSDT)

■ Primary eligibility criteria

- ☐ Under 21 years of age
- ☐ Person must have full-scope Medi-Cal insurance
- ☐ Private duty nursing services must be medically necessary
 - More for medically fragile, significant health impairments (e.g. g-tube, tracheostomy, severe epilepsy)
- ☐ Primary Care Physician must write-up a “plan of treatment” regarding private duty nursing and treatment



Early Periodic Screening, Diagnosis, and Treatment Program (EPSDT)

- Physician must submit the request for services to In-Home Operations on a Treatment Authorization Request (TAR)
- In addition to the TAR, the physician must also submit the following medical documentation:
 - ☐ Medical information which supports the medical necessity for the requested services
 - ☐ Assessment of medical care needs, i.e., nursing care
 - ☐ Plan of Treatment signed by a physician



Services Available Through EPSDT

- Private duty nursing
 - ☐ Referred to as shift nursing
 - ☐ Provided by LVN or RN
- Pediatric Day Health Care (PDHC)
- Medical supplies and equipment



In-Home Operations Contact Information

- In-Home Operations
- <http://www.dhs.ca.gov/mcs/mcod/ihos/default.htm>
- Phone: (213) 897-6774
- Consult with Primary Care Physician FIRST!



Medi-Cal Insurance (CalOptima)

Health-Related Services and
Therapies



Medi-Cal Insurance (CalOptima)

- CalOptima is Orange County's full-scope health care program for those who qualify for Medi-Cal
- Linked to SSI benefits, for those who are income-eligible
- Medi-Cal available for Regional Center of Orange County minors through Institutional Deeming
 - Family income disregarded
 - Special Medi-Cal eligibility that considers only the personal income and resources of a person under 18 with a disability



Medi-Cal Insurance (CalOptima)

- Must have a disability as defined by
 - Federal disability under Social Security
 - State disability under Medi-Cal
- If a person is deemed to have a disability under Social Security, then the person is considered as such under Medi-Cal



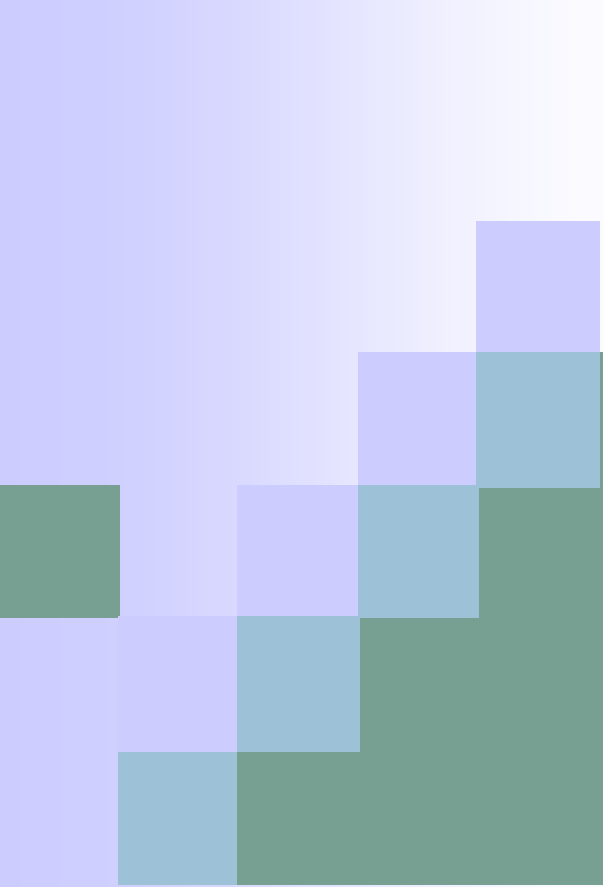
Medi-Cal Insurance (CalOptima)

- For adults with disabilities,
 - Person will receive Medi-Cal insurance after applying and qualifying for SSI benefits (Social Security Administration)
- For children (minors) with disabilities who have regional center services,
 - Contact regional center service coordinator to apply for Institutional Deeming Medi-Cal



Medi-Cal Insurance (CalOptima)

- For general information about Medi-Cal / CalOptima,
 - www.caloptima.org
 - Phone: (714) 246-8500 or (888) 587-8088
- For the Social Services Agency
 - www.ssa.ocgov.com
 - Phone: (714) 435-5900 Santa Ana
 - Phone: (714) 575-2400 Anaheim
 - Phone: (714) 741-7100 Garden Grove
 - Phone: (949) 389-8201 Aliso Viejo



Orange County Health Care Agency, Adult Mental Health Services (AMHS)



Orange County Health Care Agency, Adult Mental Health Services (AMHS)

- Provides recovery mental health and episodic treatment services
- Covers serious and persistent mental disorders
- Also refer to Proposition 63, Mental Health Services Act (MHSA)
 - Passed in November 2004
- School districts contract with OCMH for children's services via AB 3632



Services Available Through Adult Mental Health Services (AMHS)

- Assessment and evaluation
- Collateral therapy
- Individual and group therapy
- Substance abuse treatment
- Medication support
- Rehabilitation
- Placement and plan development
- Crisis intervention and specialized residential services.



Orange County Health Care Agency, Adult Mental Health Services (AMHS) Contact Information

- Adult Mental Health Services
Evaluation & Treatment Services
 - Phone: (714) 834-6900
- Managed Care Outpatient Services
 - Phone: (800) 723-8641



Mental Health Resources

- Mental Health Association of Orange County (MHAOC)
- Non-profit organization
- Provide similar services to Orange County's Health Care Agency AMHS
- Contact information
 - 822 Town & Country Road
Orange, CA 92868
 - Phone: (714) 547-7559



Social Security Benefits

Financial Resources



Supplemental Security Income (SSI) Benefits

- Administered by Social Security Administration (SSA)
 - Supplemental Security Income (SSI) program
- Needs-based benefit for persons who are low-income and have a disability
 - Benefits received monthly
- Resource limit of \$2,000.00
- Must be unable to consistently attain Social Security Administration's definition of substantial gainful activity (SGA)
 - SGA for 2008 - \$940.00 non-blind, \$1,570 for blind
- Re-determinations to ensure the person continues to qualify
- SSI benefits linked to Medi-Cal insurance



Supplemental Security Income (SSI) Benefits

- Children can receive SSI benefits, if
 - They have a disability that results in “marked and severe functional limitations”
 - The disability is expected to last at least 12 months
 - The child is not earning substantial gainful activity
 - Family income is at approximately poverty level
 - \$20,650 for family of 4
 - \$17,170 for family of 3



Social Security Disability Insurance (SSDI) Benefits

- Administered by Social Security Administration (SSA)
 - Social Security Disability Insurance (SSDI)
- Provides benefits to persons with disabilities who have enough credits paid into the Social Security system
 - Receive credits by paying taxes into the Federal Insurance Contributions Act (FICA)
 - Receive benefits based upon your work history/record
 - SSDAC for persons with disabilities who are drawing benefits based upon their parent who is retired/deceased



Social Security Disability Insurance (SSDI) Benefits

- Adults can receive SSDI benefits, if
 - They have worked and paid Social Security taxes for enough years to be covered under Social Security insurance
 - They meet Social Security's definition of "medically disabled"
 - Disability must significantly limit the person's ability to do basic work activities
 - They are not working, or working but not performing "substantial gainful activity" (\$940.00 per month for 2008)



Social Security Administration Contact Information

- Social Security Administration

- www.ssa.gov

- ☐ Phone: (800) 772-1213

- ☐ South County Office

- 26051 Acero Road
Mission Viejo, CA 92691

- ☐ Central Office

- 1851 East First Street (fifth floor)
Santa Ana, CA 92705



Social Security Administration Contact Information

■ Social Security Administration

☐ North Area Office

- 300 South Harbor Blvd., Suite 310
Anaheim, CA 92805

☐ West Area Office

- 11900 Gilbert Street
Garden Grove, CA 92841



In-Home Supportive Services (IHSS)

Financial Resources



In-Home Supportive Services (IHSS)

- Program through the Adult Services branch of the Orange County Social Services Agency
- Overseen by California Department of Social Services (CDSS)
- Funds for care providers so that a person can live safely at home (own or family home)
 - Includes those who would be able to return home from a hospital, nursing facility, or board and care
 - IHSS is an alternative to out-of-home care



In-Home Supportive Services (IHSS)

- Recipient is responsible for locating and supervising care provider
 - IHSS Public Authority has a care provider registry
 - Provider checks issued by State of California directly to care provider
- Maximum hours authorized
 - 195 or 283 hours per month depending on program and service need.



In-Home Supportive Services (IHSS)

■ Primary eligibility criteria

- ☐ Must have a disability, vision impairment (blindness), or be elderly (age 65 and over)
- ☐ Must be unable to live safely at home without help
- ☐ Meet financial need requirement
 - Some eligibility factors taken into consideration include SSI, Medi-Cal, income/resources.



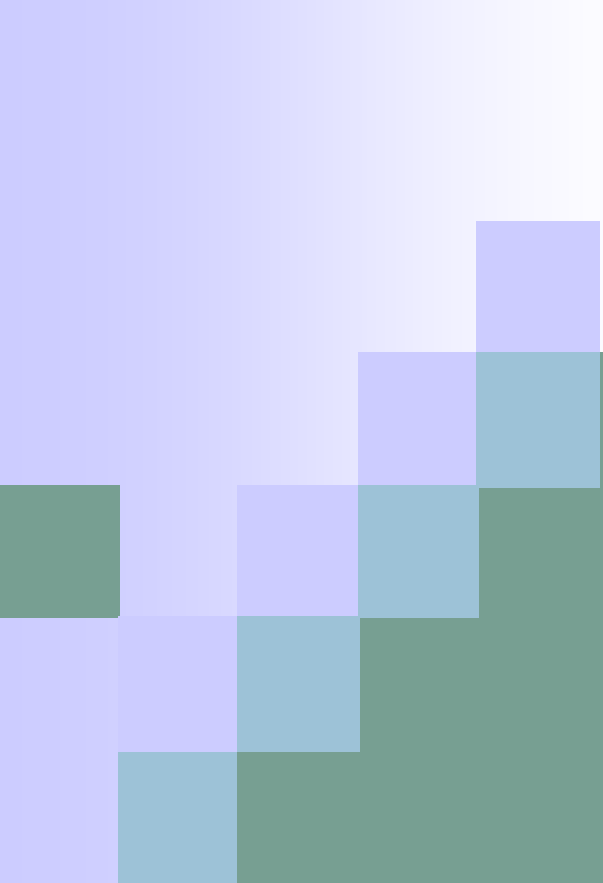
Services Available Through In-Home Supportive Services (IHSS)

- To ensure a person can live safely in their own home, IHSS will cover services including, but not limited to,
 - Personal care
 - Ambulation
 - Bathing Toileting
 - Dressing
 - Feeding
 - Grooming
 - Domestic services
 - Cleaning
 - Miscellaneous chores
 - Shopping for food and other necessities
 - Laundry
 - Cooking



In-Home Supportive Services (IHSS) Contact Information

- In-Home Supportive Services (IHSS)
- www.ssa.ocgov.com
 - County of Orange Social Services Agency,
Adult Services
 - P.O. Box 22006
Santa Ana, CA 92702
 - Phone: (714) 825-3000



Housing and Urban Developmental (HUD) Section 8 Program

Financial Resources



Housing and Urban Development (HUD) Section 8 Program

- Section 8 program also known as HUD voucher
- Funded by the Department of Housing and Urban Developmental (HUD)
 - Administered by public housing agencies authorized under federal and state law to operate housing programs
- Provides rental assistance for low-income persons
- Not all apartment complexes accept the HUD voucher
 - Individual responsibility to locate a participating complex
 - Local public housing agency typically has a listing of participating complexes



Housing and Urban Development (HUD) Section 8 Program

- HUD voucher most often used for
 - Adults with disabilities living independently in their own apartments
 - Families who meet income criteria
 - Orange County Housing Authority and Anaheim Housing Authority as of March 2006
 - \$28,400 for 1 person
 - \$40,550 for family of 4
 - Santa Ana Housing Authority as of November 2007
 - \$30,300 for 1 person
 - \$43,300 for family of 4



Housing and Urban Development (HUD) Section 8 Program

- Need to apply during open waiting list
 - Some housing authorities only accept applications once every 3 years and some continuously accept
- Typically a 3 to 5 year wait prior to getting HUD voucher
 - Long waiting lists
 - Preference given to
 - Those who live or work within that housing authority's jurisdiction
 - Elderly, disabled, and working families
 - Veterans



Housing and Urban Development (HUD) Contact Information

■ Anaheim Housing Authority

□ 201 South Anaheim Blvd., Suite 200

Anaheim, CA 92805

□ Phone: (714) 765-4320

■ Garden Grove Housing Authority

□ 11277 Garden Grove Blvd., Suite 101-C

Garden Grove, CA 92843

□ Phone: (714) 741-5150



Housing and Urban Development (HUD) Contact Information

■ Orange County Housing Authority

- 1770 North Broadway
Santa Ana, CA 92706
- Phone: (714) 480-2815

■ Santa Ana Housing Authority

- 20 Civic Center Plaza, Second Floor
Santa Ana, CA 92702
- Phone: (714) 667-2200

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Legal Resources



Legal Resources

- Legal Aid Society of Orange County
 - Phone: (714) 571-5200 or (800) 834-5001
 - www.legal-aid.com
 - Health Consumer Action Center
 - Education
 - Government benefits
 - Employment
 - Housing
 - I-Can! Self-Help
- Orange County Bar Association
 - Phone: (949) 440-6700
 - www.ocbar.org
 - Lawyer Referral Service/Modest Means Panel (949) 440-6747
- Protection and Advocacy, Inc. (PAI)
 - Phone: (800) 776-5746
 - www.pai-ca.org



Advocacy Services

- Justice in Education
 - Phone: (714) 542-1707
- State Council on Developmental Disabilities, Area Board XI
 - Phone: (714) 558-4404
 - www.scdd.ca.gov
- Talk About Curing Autism (TACA)
 - Phone: (949) 640-4401
 - www.talkaboutcuringautism.org
- Team of Advocates for Special Kids (TASK)
 - Phone: (714) 533-8275
 - www.taskca.org

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Thank You!